

ACTIVITIES UNLIMITED GENERAL MEETING MINUTES

January 11, 2022

- Call to order by President Doug Cooper at 1:00 pm, at the Midland Park VFW.
- Pledge of Allegiance was led by Dave Voehl
- Jim Webb provided the invocation
- Mike Kelley reported on the status of the dues collection and indicated that the clubs financial position is in good shape.
- Mike also reported the passing of our past Treasurer, Jeff Mohn.
- Dave Voehl reported that the membership as of December 31 is now 357 and that two additional members joined in January.
- Harry Bennett reviewed the status of the various venues available (The VFW, the Larkin House and the Franklin Lakes OEM and ambulance buildings) for the clubs use. He has developed a potential schedule for maximum usage and will review it with the individual club chairmen.
- Don Kirkpatrick discussed the AU website. He provided an in depth description of the website and reviewed the steps necessary to navigate to the various items. Don also indicated that any changes must be sent to him by members.
- John Caikowsky reported that the Trips and Tours meetings will now be held at the VFW Hall. John indicated that the cut off for the February Valentines luncheon will be January 11th. He said that currently only 6 couples had signed up. John spoke about the upcoming activities. Hunterdon Hills Playhouse, Sherlock Holmes, on March 30. He also mentioned that the final payment for the June Royal Caribbean cruise will be on March 7th. He also reported that Larry Resteri has suffered congestive heart failure and is home from the hospital.
- Walt Widmer and Henry Wasserstein offered remembrances about the life and passing of Jeffrey Mohn.
- Harry Bennett introduced Tony Walsh, a licensed Physical Therapist. Tony provided a complete overview of what a physical therapist does. He described cardio and muscular interaction and the need for moderate exercise. He discussed physical norms and how balance is important. He said that a therapist provides pain management by reducing, identifying and preventing pain. Tony answered questions from the members.
- There were 35 members in attendance at today's meeting.
- President Cooper adjourned the meeting at 3:00 pm.

Respectfully submitted;

David Voehl, Secretary

